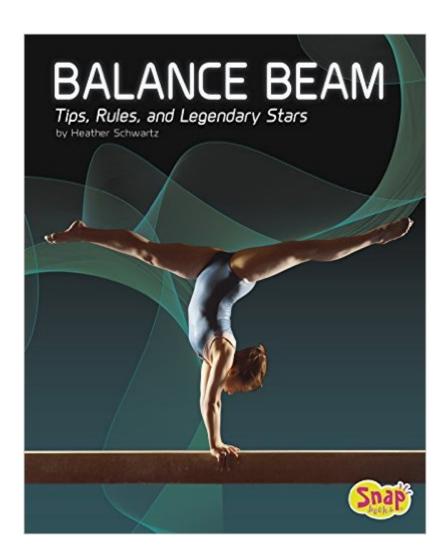
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Balance Beam: Tips, Rules, And Legendary Stars (Gymnastics)





Synopsis

Leaps, turns, and handsprings are hard enough, but when you add a beam, difficulty is maximized. Learn the best tips and tricks to conquering the balance beam.

Book Information

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